Preparation
Set out a few trails in your outdoor area for teams to follow. The trails could either be shown on maps, or with cones/way-markers. Each team should have a different coloured trail to follow. Place expedient equipment for each team along the trail and provide shelter building materials for each team at the end of their trail. The end of the trails should lead to The North Pole role play area. (Near to the fire pit if you are cooking expedition food.)

Activity
• Explain that the children will be going on Arctic Expeditions to the North Pole, but must follow the trails and collect necessary equipment on their way.
• They must beware of Polar Bears on their journey! (You could place pictures of polar bears around your outdoor area for the children to avoid!)
• Split the children into groups so there’s 1 adult per group & a separate trail with 1 item of all the equipment for each team. Each child could have their own compass to experience handling a compass, but accurate use is not important at this stage.
• Each adult could pull the ‘pulk’ if necessary and the children follow the trail. When each piece of equipment is found, put it in their pull & discuss why it is needed and how it is suited to an arctic expedition.
• At the end of their trail, they will reach “The North Pole’ where they have to build their shelter (there are no permanent houses here), with help from their adult.
• When everyone has completed the task cook a packet of the expedition food around the fire pit as a whole class for the children to sample. Discuss why packet-expedition food is necessary when on expedition. (Can’t carry many ingredients & equipment)

Differentiation: Mixed ability teams.

Extension: Polar Camp role play. Which other animals might they meet? How are the animals adapted to live in extreme cold?